



# Forgiveness

**Hymn: Sprit of the living god**  
Fall afresh on us [Repeat]

Break us, melt us, mould us, fill us.  
Spirit of the living God, fall afresh on us.

Spirit of the living God cleanse us from our sins.

**Priest:** O Sacrament most Holy, O Sacrament Divine (3 times)  
**All:** All praise and all thanksgiving be every moment thine!

## **Introduction:**

Forgiveness in fact is a special kind of love that asks us to remain open, vulnerable and caring even though we have been wounded, offended, hurt or pained. Since to love is to forgive, irrespective of who caused the hurt and who has been hurt the one who loves will take the first step to forgive. In situations that call for forgiveness it is quite evident that the one who loves more will make the first move. Hence in taking the initiative to forgive, the question is not who has been hurt or who has hurt but who loves more. A Chinese proverb – it goes like this “The one who pursues revenge should dig two graves”.

## **Adoration: (All Together)**

Thank you and praise you Jesus, for your loving presence. How loving you are, Jesus, to dwell with us so patiently in the Blessed Sacrament, even when so many never acknowledge your presence. I adore you, Jesus, I love you Jesus. I thank you Jesus, and I offer you all the love, gratitude and adoration to make up for what is lacking in my own heart, which is too often cold and ungrateful.

## **Penitential Rite: (Response: Forgive us o lord)**

1. Lord we have failed to proclaim your word with our mouth instead we grumble and criticized others. (R)
2. We failed to walk an extra mile or to give a helping hand to the needy. (R)
3. Lord we have been selfish and many times we failed to feel the needs of others. (R)
4. We have kept revenge and feeling of hatred towards others. (R)
5. We refused to forgive others even when others asked us to forgive them. (R)

## **Scripture Reading (St. Mat 18: 21-35)**

## **Reflection:**

To forgive is to free the other to grow. One who has caused a hurt lives in fear and guilt. Forgiveness breaks the fetter not only of fear and of guilt feelings but also of hatred. The power of forgiveness is so great that



hard core criminals have been conquered by it. The miracle of forgiveness assists the growth not only of the one who is forgiven but also of the one who forgives. To forgive is to do well to the one who has hurt us. An eye for an eye and a tooth for a tooth can only make the whole world blind and toothless. To forgive is to live fully in the present and enjoy the freedom. Thus forgiveness is the virtue of the strong; only the strong can turn the other cheek in forgiveness. What right has one to ask God for forgiveness if one never forgives another? To forgive is at times to remember the hurts received but to remember them without any ill feelings, to remember them in order not to repeat. Therefore love requires demands, and calls for forgiveness. To Love is to Forgive.

**Hymn: Come back to me with all your heart,**  
Don't let fear keep us apart.  
Trees do bend, though straight and tall,  
So must we to others call.

Long have I waited for your coming home to me  
And living deeply our new life.

The wilderness will lead you to your heart  
where I will speak  
Integrity and justice with tenderness you shall know

You shall sleep secure with peace.  
Faithfulness will be your joy.

**Intercessory Prayers: (Response: Lord, hear our prayer)**

1. Lord we ask you to give us a compassionate and forgiving heart so that we may be the first one to forgive others who hurt us. (R)
2. Jesus, you are all forgiving and merciful, give us the grace to be merciful towards others. (R)
3. Bless us with your spirit Lord so that we many say together with you "forgive them Father for they don't know what there are doing". (R)
4. Free us from hatred, revenge and criticism so that we may only breathe love and charity and nothing else. (R)

**Thanksgiving Prayer: (All Together)**

Let us go out with this message in our hearts that God is the anchor of all our joys and happiness because all forgiveness and loves comes form you alone. So let us make Jesus the center of our life for everything comes form you alone. As we go out we carry with us the peace and forgiveness to all those whom we come in contact today, so that we may generate new life within and outside.

**Adoration Hymn: Let us bow in adoration**

To the Sacrament so great so great  
Here is new and perfect worship  
All the old must terminate  
Senses cannot grasp this marvel  
Faith must serve to compensate  
Glory, honour adoration



Let us sing with one accord  
Praised be God, almighty Father  
Praise be Christ, his son, Our Lord  
Praise be God, the Holy Spirit  
Triune God head be adored. Amen

#### **Final Blessing (Priest)**

**Celebrant:** You have given them bread from heaven.

**Response:** containing in itself all sweetness.

Father your will your church to be the sacrament of salvation for all people. Make us feel more urgently the call to work for the salvation of all nations, until you have made us into one people. Inspire the hearts of all to continue the saving work of Jesus everywhere until the end of the world. Grant us this through Christ our lord Amen.

#### **Divine Praises**

**Blessed be God**

**Blessed be His holy name**

**Blessed be Jesus Christ, true God and true man**

**Blessed be the name of Jesus**

**Blessed be His most Sacred Heart**

**Blessed be His most precious blood**

**Blessed be Jesus in the most holy Sacrament of the altar**

**Blessed be the Holy Spirit, the Paraclete**

**Blessed be the great Mother of God, Mary most holy**

**Blessed be her holy and Immaculate Conception**

**Blessed be glorious assumption**

**Blessed be the name of Mary, virgin and Mother**

**Blessed be St. Joseph, her most chaste spouse**

**Blessed be God in his angels and in his saints.**

#### **Final Hymn: People all over the world**

**Reach out your hand touch one another**

**People over the world,**

**Just understand and love each other.**

**We have one life to live**

**So much to give and so much to share.**

**There is one love to be found,**

**Just look around, there's happiness there.**

**People over the world,**

**We are the same, just different colours**

**People over the world,**

**Love without change, like sisters and brothers**

**Face each day with a smile and**

**In a while sunshine appears**

**You'll feel warm deep inside,**

**No need to hide from danger and pain.**

**People over the world,**

**Reach out your hand, touch one another**

**People over the world,**

**Just understand, reach out your hand!**