



Trinity Sunday

The Mystery Of God

Introduction

Today the Church invites us to celebrate the mystery of the Trinity. We begin and end each Eucharist with the names of the Father, the Son, and the Spirit on our lips. This is a mystery to be celebrated with childlike love and trust. God is a Father to us; he is a Brother to us; he is a Consoler and a Guide to us. This should be the atmosphere in which we live, move and have our being. Yet we often relegate the Father, the Son and the Spirit to the margins of our lives.

First Reading (Deuteronomy 4:32-34; 39-40)

Moses reminds the people that the great God of heaven and earth has entered into a close and loving relationship with them. They should respond by doing his will.

Second Reading (Romans 8:14-17)

By the fact that the Holy Spirit dwells within us, we become children of the Father, and co-heirs with Christ his Son.

Gospel (Matthew 28:16-20)

This contains the final instructions of Jesus to his apostles.

Prayer Of The Faithful

Under the guidance of the Holy Spirit, let us pray to the Father as Jesus urged us.

R: Father, hear us in your love.

For all Christians: that they may be tireless in their efforts at spreading the good news of God's love and care for all the human family. Let us pray.

R: Father, hear us in your love.

For all rulers: that God may grant them wisdom and love in their efforts at making the world a better place to live in for every one. Let us pray.



R: Father, hear us in your love.

For those who have no belief in God: that they may discover traces of his love in their hearts and of his greatness in the world. Let us pray.

R: Father, hear us in your love.

That we may always know the loving presence of God in our lives, especially in life's blackest moments; that we may also find him and love him in other people. Let us pray.

R: Father, hear us in your love.

Communion Reflection

Isaac Newton was one of the greatest mathematicians and scientists who ever lived. Yet towards the end of his life he said of his achievements:

"I do not know what I appear to the world,
but to myself I appear to have been
like a little boy playing on the seashore
and diverting myself in now and then
finding a smoother pebble
or a prettier shell than ordinary,
whilst the great ocean of truth
lay all undiscovered before me".

Even when we think we understand the mystery of God,
we are still only beginning,
We are still only children playing on the shore.
But Jesus has lifted the veil on the mystery,
and so we know that our games have a meaning
and that our lives have a goal.

We have a Father, who cares about us;
we have a Brother, who died for us;
and we have a Spirit, a Comforter,
who will guide us to the shores of eternity.

Glory be to the Father,
and to the Son,
and to the Holy Spirit.